

## SERIES ON SUICIDE PREVENTION CONTINUES

Grand Avenue United Methodist Church is hosting a series on suicide to reduce the stigma, shame, and guilt surrounding death by suicide. Join us for this impactful, informative, open, and candid series. The second and third sessions are coming up this month and next and are being held at Grand Avenue church, 505 West Grand Avenue, in Port Washington.

LET'S  
BREAK  
THE  
STIGMA!

THURSDAY

MAY 8  
6:30 PM

### Emma's Story

The Documentary Film, "My Ascension", provided by the Charles E. Kubly Foundation will be shown. My Ascension is the story of the day that changed Emma's life and everything that's happened since.

THURSDAY

JUNE 12  
6:30 PM

### "Digging Deeper"

Tricia Monroe, Program Manager from Milwaukee's Local Outreach to Suicide Survivors will share information on support and valuable resources for healing. You will learn what to say and what not to say to help someone you know.

All are welcome to attend, especially High School and Middle School students. RSVP at [portumc.com/events](http://portumc.com/events) or call (262) 284-9478 for more information.

## LIGHTHOUSE YOUTH MINISTRY

*Our church partners with four other local churches to support our joint ecumenical initiative, Lighthouse Youth Ministry. Lighthouse offers a safe and affirming community where all youth grades 5-12 are:*



**WELCOMED** regardless of religious affiliation or beliefs,  
**EMPOWERED** to explore questions of faith and life, and  
**EQUIPPED** to serve their community and the world.

Events are held at Lighthouse Headquarters, 513 West Grand Avenue in Port Washington, unless indicated otherwise. Please contact Lighthouse Director Christin Flucke at (262) 483-9582 or email [christin.flucke@lighthouseyouth.org](mailto:christin.flucke@lighthouseyouth.org) if you have questions or want to RSVP. Visit their website at [lighthouseyouth.org](http://lighthouseyouth.org). Here are their plans for this month:



### Sunday, May 4, 7:00-8:00 p.m. - Lighthouse Life Night

Come hang out at Lighthouse Headquarters for a casual gathering of games, snacks, and conversation. New faces are always welcome!

### Sunday, May 18, 3:45-8:00 p.m. - Mystery Outing

The last event for the school year is sure to be an awesome one. The only catch is... you won't know where the group is going until arrival! Join for a fun mystery outing. Meet at Lighthouse at 3:45. Dinner and activities are included, so all you need is a willingness to come along for a fun adventure as the group celebrates the end of another great program year!

